







# Active Citizenship Pillar

Skill	Module	Content Covered
 <p><b>Empathy</b></p>	Perspectives	Perspective-taking is key to empathy, allowing you to experience the world as others do without necessarily agreeing.
	Empathetic Listening	Empathetic listening involves fully understanding the speaker's feelings and viewpoints. Techniques include being present, mirroring, and reflecting emotions.
	Interpersonal Relationships	Creating safe spaces and fostering unity, respect, and self-expression. Promote diversity, compassion, and participation to build stronger connections.
 <p><b>Respect</b></p>	Respect for Others	Respect is key for connecting with others, holding relationships together. It promotes empathy, communication, and conflict resolution.
	Active Tolerance	Active tolerance involves acknowledging and respecting diverse beliefs and experiences. Advocate for social justice, and engage in diverse conversations.
	Social Awareness	Social awareness enhances your ability to connect with others. Focus on cultural understanding, emotional intelligence, and perspective-taking.
 <p><b>Culture</b></p>	Cultural Awareness	Expand your cultural knowledge and use models like DIVE and the Ladder of Inference.
	Cultural Intelligence	Develop CQ Drive, Knowledge, Strategy, and Action to enhance personal growth and relationships.
	Communicating Across Cultures	Effective cross-cultural communication requires understanding. Use non-verbal communication and focus on understanding and exploring cultural contexts.
 <p><b>Participation</b></p>	Social Responsibility	Learn about enhanced well-being and collective impact. Leverage the tools needed for green consumerism, volunteering and advocating social justice.
	Resisting Manipulation	Recognizing manipulation and the bystander effect empowers you to make informed, independent decisions.
	Ethical Decision Making	Improve your ethical decision making by focusing on your own core values, develop moral reasoning and use the SAD framework.